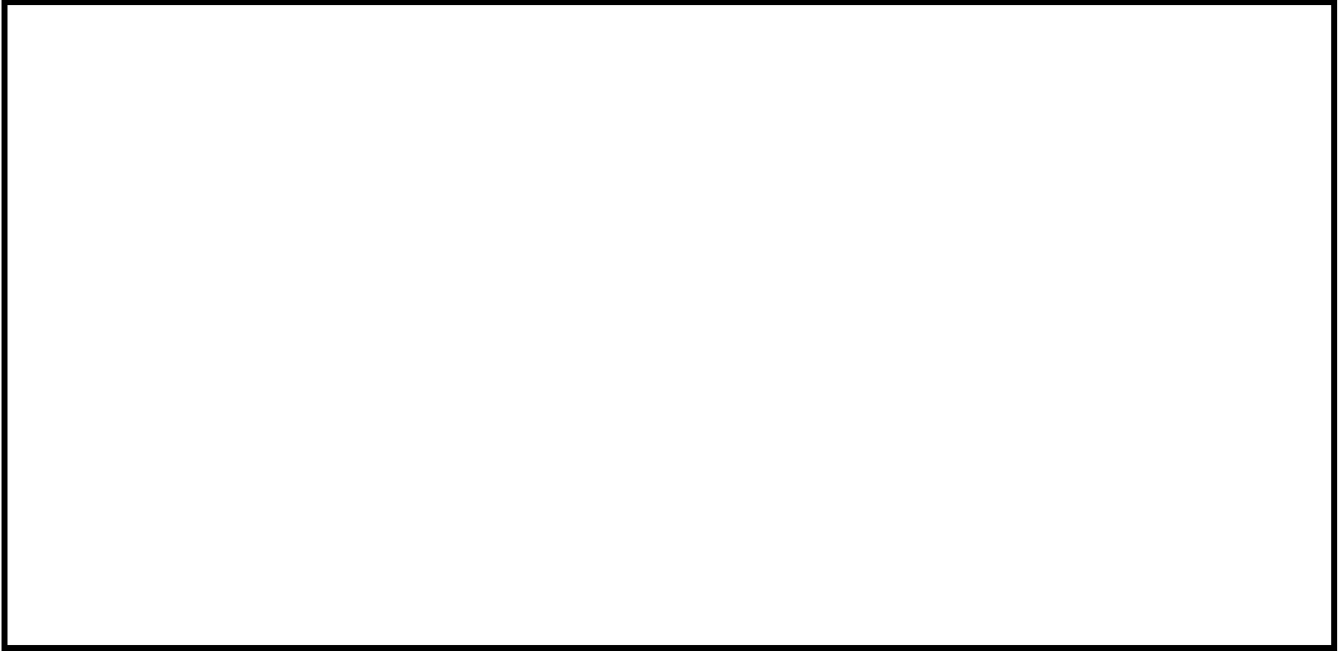


Is it possible to be grateful FOR YOURSELF?  
HOW? WHY? What does that look like?



Is it possible to be grateful TO YOURSELF?  
How? WHY? Draw a picture of what it might look like to GIVE  
something good to YOURSELF!

